



H PE RANCH

ANIMAL SANCTUARY & RESCUE

December News 2025



Meet Roger

Born around December 1, 2023, this Dutch Shepherd/Lab mix has it all: brains, looks, personality, and an award-winning smile. He LOVES people and lives for attention-belly rubs, ear scratches, compliments on how handsome he is. If you're holding a treat, congratulations-you just became his new favorite human. And possibly his legal next of kin. He's fast, smart, and ready to learn pretty much anything you throw at him. Roger does not do well with some dogs. He is not good with cats. If you are a hiker or runner he would be a great companion for you.



Each year, Kahoots Pet Store in Temecula sets up a giving tree to support Hope Ranch and our foster dogs. If you get the chance, please stop by and select a gift for the giving tree. One of our most pressing needs is Kahoots' salmon grain-free dog food, which we feed to all of our puppies. Many of these puppies have faced challenging beginnings, and this high-quality food is essential for their well-being. Additionally, it is rich in omega-3 fatty acids, promoting eye health, bone development, and brain growth. We also welcome donations of dog treats, as we are always in need of them. If you have something else in mind that you'd like to contribute, we would be grateful for that as well!



For the month of November 2025

Hope Ranch Animal Sanctuary was contacted by people in the community of Anza and Aguanga, to help
11 dogs and 21 puppies in November
That makes the total so far for this year
172 dogs and 390 puppies. Total dogs is 562

It truly breaks our heart that we could not help them all.

The good news is we have fixed **88** pets in November. That is a total of
726 spay/neuters this year.

We are so thankful for our generous donors who helped make this happen.

Help us fight this battle and donate for Spay and Neuter.
We are staying optimistic that we will fix the over
population of dogs in our community
by providing free spay and neuter for the needy.

Ask us about sponsoring a spay and neuter day.

www.hoperanchanimalsanctuary.org

Check out our wish list
We are always in need of dog food.

<https://www.hoperanchanimalsanctuary.org/donate>

Start a fundraiser, on Facebook, for your
birthday and give donations to
Hope Ranch.

[https://www.facebook.com/help/
1910205189301966/?helpref=uf_share](https://www.facebook.com/help/1910205189301966/?helpref=uf_share)

Hope Ranch has had 32 adoptions in the month of November

Total this year is 306.

We still have many dogs and puppies that are looking for their forever homes.

If you are not looking to adopt at this time, please consider fostering.

Foster families save lives

PANOSTEITIS

Years ago, in the early '80s, I was a passionate runner who loved competing in marathons. Each morning, I'd wake up early to get my runs in before heading to work. Concerned about the dangers of running alone, I decided to get a German Shepherd puppy. I gradually trained him to run alongside me, but by the time he reached 10 months old, he was so crippled that he could barely walk. Thinking I might be overworking him, I started placing him in a stroller so I could continue my runs. After a month of this, his condition hadn't improved, so I took him to the vet. The diagnosis was Panosteitis—something I had never heard of before. Fortunately, he eventually healed and became one of the best running partners I could have asked for.

Panosteitis, often referred to as "growing pains," is a condition that affects the long bones of young, rapidly growing dogs. It is a painful, inflammatory condition that typically occurs in large breed dogs, including breeds like German Shepherds, Labrador Retrievers, Great Danes, and Boxers. While panosteitis is not life-threatening, it can cause significant discomfort and affect a dog's overall well-being. The symptoms of panosteitis can vary in severity and may appear suddenly. Common signs include limping and pain. Affected dogs often demonstrate a shifting lameness, meaning they may limp on one leg one day and another leg the next. Dogs may show signs of pain, especially when pressure is applied to the affected limbs. - A dog suffering from panosteitis may be hesitant to engage in physical activities, such as running or jumping. Dogs may react negatively when their limbs are touched or handled, indicating discomfort. Pain and discomfort can lead to a change in behavior, including increased irritability or withdrawal from interaction. The exact cause of panosteitis is not well understood, but it is thought to be related to various factors, including: - Genetics: Certain breeds and bloodlines may have a hereditary predisposition to panosteitis. - Rapid Growth: The condition is most common in young dogs that experience rapid growth spurts. - Nutrition: Diets that are excessively high in calories or protein may contribute to the development of panosteitis. - Hormonal Factors: Some studies suggest that hormonal changes during growth may play a role in the condition. If you suspect that your dog may have panosteitis, it's essential to consult with a veterinarian. A thorough examination will often include: - Physical Examination: The vet will assess the dog's limbs for signs of pain or swelling. - Radiographs (X-rays): While X-rays may not show the condition in its early stages, they can help rule out other possible causes of lameness and confirm the diagnosis as the disease progresses. Treatment for panosteitis generally focuses on managing pain and providing comfort. Options may include Non-steroidal anti-inflammatory drugs (NSAIDs) or other pain relievers may be prescribed to alleviate discomfort. Limiting exercise and physical activity is crucial to help the affected bones heal.

A special thank you to our very generous donors. We could not do this without your help.

**Leslie L. Alexander Foundation
Lucky Chi Foundation
Sherre Sturm
Barbara Wyman**

**Claire Raskind
Tim and Kathy MacDonald
Rick Montejano
Emily Gray
Doris Illes**

Check out our wish list
We are always in need of dog food.

<https://www.hoperanchanimalsanctuary.org/donate>

We are always in need of donations. Visit our donation page at:

<https://www.hoperanchanimalsanctuary.org/donate>

You can also check out our wish list.

Do dental chews really work?

Daily brushing and an annual dental cleaning from a veterinarian are excellent practices for maintaining your dog's oral health. However, many pet owners may struggle to regularly take their dogs to the vet or may not have the funds for these services. In such cases, dental chews can be a helpful alternative for keeping your dog's teeth in top condition. One straightforward study compared dogs that received a daily dental chew alongside their dry food to those that only ate dry food. Although the specific chew used in the study is likely to have been Greenies or a similar product, the results were clear: dogs that ate the dental chews had significantly less plaque and tartar buildup, and their breath was fresher. Smaller breeds, in particular, are notorious for developing dental issues despite rigorous oral care. Research has focused on these breeds to determine if dental chews can make a difference. A study published in the Journal of Veterinary Dentistry found that providing a daily vegetable-based dental chew led to reduced plaque and calculus buildup, less gingivitis, and improved breath in small dogs.



adoption event
KAHOOTS IN TEMECULA
31789 Temecula Pkwy #3, Temecula, CA 92592
COME JOIN US!
Every Saturday in December
ADOPTABLE DOGS & PUPPIES
Adoptions include spay/neuter, vaccines, microchip, and a lifetime of love.
APPLY TO ADOPT
www.hoperanchanimalsanctuary.org/adoption-application
KAHOOTS Feed & Pet HOPE RANCH Animal Sanctuary & Rescue



YAPPY HOUR
PHOTOS WITH SANTA PAWS 230-430
W/ UNWRAPPED TOY FOR TOYS FOR TOTS
LIVE MUSIC
SIP N SHOP
ONSITE ADOPTIONS
HOPE RANCH Animal Sanctuary & Rescue
CONGRATULATE THE WINNER!
SUNDAY DECEMBER 14TH 2PM - 5PM
DONATE \$50 and get a free bottle of wine from Congratulate the Winner!
Congratulate the Winner!
KINNEY & WINERY
@thewinerydog
@congratulate

Hope Ranch Animal Sanctuary is a non-profit organization; obtained our 501(c)3 in 2011 ID #27-0810495 Located in Anza, CA 100% of donations go directly to the animals. No one gets paid, we are all volunteers

SAVE A LIFE!
BECOME A FOSTER



We Provide:
Medical care
Food
Supplies
Support



[Learn More](#)

You Provide:
A loving home

WE CAN SAVE
MORE DOGS IF
WE HAD MORE
FOSTER HOMES

EVERY DOG DESERVES A COZY SPOT BY
THE FIRE THIS HOLIDAY SEASON



